

**Suffolks Primary school is very pleased to be accessing emotional wellbeing support from MYME. Below is some information from them about what they can offer those at Suffolks. Do contact Jackie Lynch at Suffolks if you would like more information or think you could benefit from their services.**



My Young Mind Enfield (MYME) is a new NHS commissioned team, made up of different professionals, working to support wellbeing across the school community. The team is based at Enfield CAMHS, but works directly in schools offering a range of early intervention services including 1:1 work with parents, pupil groups, workshops, staff consultation and training around all aspects of wellbeing, including behavioural difficulties, anxiety, emotional regulation and transition.

Two School Wellbeing Practitioners (SWPs) will be working closely with Suffolks to provide these services. If you would like any more information about the team, or to request further support, please contact:



Hi, my name is Sally Francis and I'm a School Wellbeing Practitioner, working with Suffolks Primary school. I have over 10 years' experience working in education and I have seen first-hand how difficulties with wellbeing can affect all aspects of students' lives and the impact that the right support at the right time can have. I am looking forward to getting to know more of the children, families and staff at Suffolks and supporting the great work already happening around students' wellbeing.



Hello, my name is Michelle Bainbridge and I'm a School Wellbeing Practitioner. I have been working within education for more than 20 years, and through my pastoral roles I have seen how important wellbeing support is to children, young people and families. I am excited to be working alongside the staff, pupils and families from Suffolks Primary and look forward to getting to know more of you.