

Pork Free Menu Winter/Spring 23/24

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Burger in a Bun (v)	Beef Bolognese	Roast Chicken with Sage and Onion Stuffing and Gravy	Ratatouille Chicken	Fishcake
Baked Bean and Cheese Slice (v)	Sweet Potato and Pea Samosa Burrito (Ve)	Roast Quorn Fillet with Sage and Onion Stuffing and Gravy (v)	Cheese Pinwheel (v)	Cheese and Tomato Pizza (v)
Diced Potatoes or Pasta	Spaghetti or Rice	Roast Potatoes or Wholemeal Pasta	Creamed Potatoes or Pasta	Oven Chips or Tricolour Pasta
Tomato Pasta with Cheese (v)	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Cheesy Pasta (v)	Jacket Potato with Various Toppings
Cream Cheese Sandwich (v)	Cheese Baguette (v)	Tuna Sandwich	Tuna Roll	Egg Roll (v)
Chocolate Brick Wall	Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Apple Crumble with Custard 50% Fruit	Marble Cookie
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mild Chicken Curry	Veggie Sausages with Gravy (Ve)	Roast Chicken with Sage and Onion Stuffing and Gravy	Beef Burger in a Bun	Battered Fish Fillet
Macaroni Cheese (v)	Sweet Chilli Quorn (v)	Shepherdess Pie (Ve)	Vegetarian Roll (Ve)	Cheese and Tomato Pizza (v)
Rice or Garlic Bread	Creamed Potatoes or Pasta	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Rice	Oven Chips or Tricolour Pasta
Jacket Potato with Various Toppings	Tomato Pasta with Cheese (v)	Jacket Potato with Various Toppings	Cheesy Pasta (v)	Jacket Potato with Various Toppings
Tuna Roll	Cream Cheese Sandwich (v)	Cheese Baguette (v)	Tuna Sandwich	Egg Roll (v)
Orange Shortbread	Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Pear and Chocolate Sponge with Chocolate Custard 50% Fruit	Lemon Muffin
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and Sweetcorn Meatballs with a Tomato Sauce	Chicken Pie	Roast Chicken with Sage and Onion Stuffing and Gravy	Quorn Hot Dog (v)	Crispy Coated Salmon
Bean and Vegetable Grill (Ve)	Mild Vegetable Curry (Ve)	Potato Topped Vegetable Pie (v)	Beany Pasta Bake (Ve)	Fish Fillet Fingers
Rice or Diced Potatoes	Creamed Potatoes or Rice	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Garlic Bread	Cheese and Tomato Pizza (v)
Jacket Potato with Various Toppings	Tomato Pasta with Cheese (v)	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings (v)	Oven Chips or Tricolour Pasta
Tuna Roll	Cream Cheese Sandwich (v)	Tuna Sandwich	Cheese Baguette (v)	Cheesy Pasta (v)
Chocolate Mousse	Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Apple Sponge with Custard 50% Fruit	Egg Roll (v)
				Banana Bread